



Holistic Inner Science and Integral Living Seminar/Workshop

# HAPPY, HARMONIOUS MEANINGFUL DAILY LIVING

**SYDNEY, AUSTRALIA**

SATURDAY, APRIL 25

**CHICAGO, IL**

SATURDAY, JUNE 6

**HOUSTON, TX**

SATURDAY, JUNE 13

**LOS ANGELES, CA**

SATURDAY, JUNE 20

**DALLAS, TX**

SUNDAY, JULY 19

**KNOXVILLE, TN**

SATURDAY, JULY 25

**HSCRF**



**HOLISTIC**

**INNER**

**SCIENCE**

## 'NEW VISION- NEW WORLD' FOR HAPPY, HARMONIOUS DAILY LIVING

This session would ask the audience first of their viewpoints on present life and then discuss Holistic Inner Science views for happy, harmonious, positive and meaningful inner living.

- What is lacking in our lives? How does Individuality--Independence--Licentiousness--Freedom of thought, interconnectedness etc play a part in our present living?
- 'New vision – New world' – How holistic science visions can change our inner world leading to a rich blissful experience within and without with mind, speech & body.

## WHAT ARE THE FACTORS HINDERING OUR HAPPINESS?

This session will cover the following topics first asking the audience of their viewpoints.

- Stress, fast paced life, marriage with high tech gadgets, binding of opinions, inner weaknesses like anger, greed.
- How to have a happy stress free living in present fast paced life.
- A novel scientific approach for inner awareness.
- How to overcome hindrances and bring happiness in our life?

Practical Session/Workshop For Inner reflection

1. Experiences.
2. Getting rid of mental baggage.
3. Material wealth/ Inner reflections.
4. Clearing the focus.

## SPEAKERS

The seminar will feature presentations and interactive sessions by two highly experienced Holistic Science practitioners.



**Dr. Shaileshanandji Mehta, MD,**  
Eye Surgeon, India



**Deepakanandji Mistry**  
Electrical Engineer,  
Jai Sachchidanand Sangh, India

DISCOVERING THE WORLD WITHIN

Advance Registration Required: [WWW.HOLISTICINNERSCIENCE.ORG](http://WWW.HOLISTICINNERSCIENCE.ORG)

HSCRF is a non-profit, 501(c)(3) organization, and donations to HSCRF are tax-deductible.